



Fragile X 5 K Fun Run & Walk



Saturday, August 21, 2010

Independence Oaks County Park

Please join the Fragile X Association of Michigan for our Third Annual Fun Run & Walk

Where: Independence Oaks County Park
Twin Chimneys Shelter
9501 Sashabaw Road*
(2 1/2 miles north of I-75 -- Exit 89)
248.625.0877 (park)
oakgov.com/parksrec/ppark/independence.html

When: Saturday, August 21, 2010

Time: 9:30 a.m. Registration Opens
10:30 a.m. 5K Start Time

Cost: \$20 Fun Run & Walk Participant Fee
\$25 *Day of the Race*
\$10 Fun Run & Walk Participant Fee
(Children under 15 & Individuals with Fragile X)
\$ 7 Vehicle Entry – *Pay at the Gate*
(No Charge for County Parks Pass Holders)

On your mark, get set...

Runners and walkers will participate in a 5K race through wooded trails at Independence Oaks County Park.

Stay for the fun...

The Fragile X Association of Michigan will be hosting our annual family picnic following the race. We will have hot dogs and assorted snacks.

In addition, twin bounce houses, for different ages and abilities, will be set up at the Twin Chimneys site from 12:00-2:00 p.m. Children MUST wear socks to bounce!

Awards for top Male Runner & Top Female Runner
Also, award for top 14 & Under Runner!



fraxmich@hotmail.com

fragilex.org/html/michigan.htm

313-381-2834

Please mail completed forms to:
Fragile X Association of Michigan
2919 St. Jude Dr.
Waterford, MI 48329

Fun Run & Walk Registration Form

(Please complete one form per registrant)

Name: _____

Address: _____

City: _____

Telephone: _____ Email: _____

Registration Fee \$ _____

Please accept my tax-deductible donation to FXAM \$ _____

Total Enclosed \$ _____

Registration includes a T-shirt and certificate.

Please indicate size:

___ Youth SM ___ Adult SM
___ Youth MED ___ Adult MED
___ Youth LG ___ Adult LG
___ Adult XLG

****REGISTRATION DUE August 1, 2010
IN ORDER TO GUARANTEE TSHIRT**

**REGISTRATION RECEIVED AFTER
THIS DATE MAY NOT INCLUDE TSHIRT**

Please make checks payable to: **Fragile X Association of Michigan**

Disclaimer: I attest that I am prepared for this event. Further, I hold harmless from any injuries or liabilities for myself and my heirs, all the race organizers and promoters including but not limited to the Fragile X Association of Michigan, Independence Oaks County Park, Rotpac Racing, Runnin' Gear and all others associated with the event. I also give my permission to use my image and likeness for any valid purpose associated with this event.

Signature of participant or guardian if under 18 years of age

Date